

Dear Parents/Caregiver or Friend:

Thank you so much for taking the time to enroll someone you care about into the Special Olympics program.

Special Olympics is a **FREE** year-round sports training and competition program for children and adults ages 8 and older with intellectual disabilities. Through Special Olympics your child/individual/client has the opportunity to improve physical fitness, meet new people, learn sports skills and experience the joy of winning through sports. Our athletes gain self-esteem, confidence, and discipline, which can carry over into work, school, and the home. Special Olympics is not just about sports, it is about socialization and acceptance into the community and among peers.

By following these 3 easy steps below your child/individual/client will be enrolled in our Special Olympics program once we receive the completed medical form back!

- Step 1** • Complete all sections of the application and sign the medical release form on the back page. Please also include your email address on the form!
- Step 2** • Please be sure to sign the front and back of the Medical Form where indicated and the medical form must be signed by either a MD, DO, Physician Assistant or CRNP (Certified Registered Nurse Practitioner).
- Step 3** • Once you have the medical fully completed, you should make a copy for your records and mail or fax the original to our office where the address is listed below. You may also email a copy to Michelle Cordell at mcordell@specialolympicspa.org

Please Mail The Completed Application (Medical Form) To:

Special Olympics PA-Philadelphia
Attn: Michelle Cordell
2900 Southampton Road
Philadelphia, PA 19154

You can also fax it to 215-671-5033 or email it to me at mcordell@specialolympicspa.org. Please be sure to include the front and back of the medical form.

If you should have any questions or concerns please contact me anytime at 215-671-5021 or email me at mcordell@specialolympicspa.org

Sincerely,
Michelle Cordell
Michelle Cordell
Sports Director

Special Olympics Philadelphia Fact Sheet



Our Mission – Special Olympics Philadelphia provides year-round athletic training and competition in 11 Olympic-type sports for individuals with intellectual disabilities and provides them with continuing opportunities to develop physical fitness skills, express courage, and participate in the sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.



Benefits – A 1995 study by Yale University confirmed that Special Olympics contribute to the physical, social and psychological development of people with intellectual disabilities. Through successful experiences in sports, they gain confidence and build a positive self-image that carries over into the classroom, the home, the job, and the community.

Funding – Special Olympics Philadelphia is a nonprofit, tax-exempt organization that raises the funds through the generosity of individuals, companies, and foundations.

Check out our Website for more information about what Special Olympics Philadelphia has to offer! www.sopaphilly.org

Please provide Email addresses so we can contact you: _____

Athlete ID or Social Security #	APPLICATION FOR ATHLETE PARTICIPATION IN SPECIAL OLYMPICS Philadelphia	Please check appropriate box: <input type="checkbox"/> Special Olympics Athlete <input type="checkbox"/> Unified Teammate / Partner
Male _____ Female _____	COUNTY _____ School or Agency _____	
Date of Birth _____ / _____ / _____		
Height _____ Weight _____		

Name of Athlete:	Home Phone:	Cell Phone:
Address: _____	City: _____	State: _____ Zip: _____
Parent or Guardian:	Home Phone:	Cell Phone:
Address: _____	City: _____	State: _____ Zip: _____

EMERGENCY INFORMATION

Emergency Contact Person:	Home Phone:	Cell Phone:
Address: _____	City: _____	State: _____ Zip: _____

HEALTH AND ACCIDENT INSURANCE INFORMATION

Company Name: Must be filled in (Athletes without insurance, write NONE)	Must be filled in Policy Number: _____
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HEALTH INFORMATION

You must circle either YES or NO	Please Circle Appropriate:	You must circle either YES or NO
Down Syndrome	YES NO	Fainting Spells YES NO
Atlanto-axial instability Evaluation by X-ray (circle YES for positive, NO for negative and NONE for no X-Ray available)	YES NO NONE	Heat illness or Cold Injury YES NO
HISTORY OF		Hernia or Absence of 1 Testicle YES NO
Diabetes	YES NO	Recent Contagious Disease or Hepatitis in one kidney YES NO
Heart Problems	YES NO	Pregnancy YES NO
Seizures	YES NO	Bone or Joint problems YES NO
Legally Blind	YES NO	Contact Lens / Glasses YES NO
Vision problems and/or less than 20/20 vision in one or both eyes	YES NO	Dentures / False Teeth YES NO
Legally Deaf	YES NO	Emotional problems YES NO
Hearing Aid / Hearing problems	YES NO	Special Diet needs YES NO
Requires Wheelchair	YES NO	Asthma YES NO
Motor impariment requiring special equipment	YES NO	High / Low Blood Pressure YES NO
Non-Verbal Individual	YES NO	Other
Bleeding Problem	YES NO	Blood Pressure: _____ / _____ Pulse: _____
		COMMENTS - SEE BACK

MEDICATIONS

Medication Name:	Amount:	Time:	Date Prescribed:
Allergies to Medication: _____			

IMMUNIZATIONS

Tetanus: Yes No	Date of Last Tetanus Shot: _____	Polio: Yes No
Signature Required _____ Signature of Person Who Completed Health Information (Normally signed by Parent, Guardian or Adult Athlete)		
SIGNATURE:	DATE:	
IF THERE IS ANY SIGNIFICANT CHANGE IN THE ATHLETE'S HEALTH, THE ATHLETE'S CONDITION SHOULD BE REVIEWED BY A PHYSICIAN BEFORE FURTHER PARTICIPATION		

MEDICAL CERTIFICATION

NOTICE TO PHYSICIAN: If the athlete has Down Syndrome, Special Olympics requires that the athlete have a full radiological examination establishing the absence of Atlanto-axial Instability before he/she may participate in sports or events which, by their nature, may result in hyper-extension, radical flexion or direct pressure on the neck or upper spine. The sports and events for which such a radiological examination is required are equestrian sports, gymnastics, diving, pentathlon, butterfly stroke, diving starts in swimming, high jump, alpine skiing and soccer.

CHECK: I have reviewed the above health information and examined the named in the application, and certify there is no medical evidence available to me which would preclude the athlete's participation in Special Olympics.

THIS CERTIFICATON IS VALID UP TO 3 YEARS

Athlete Restrictions: _____			
Physician's Name: _____	Phone Number (_____)		
Address: _____	City: _____	State: _____	Zip: _____
PHYSICIAN'S SIGNATURE: _____		DATE: _____	

May be signed by :
MD / DO / CRNP / PA

Created by The Joseph P. Kennedy, Jr. Foundation
Authorized and Accredited by Special Olympics Inc. for the Benefit of Persons with Intellectual Disability

Second Side **MUST be Signed and Dated**

Doctor's Comments: _____

PLEASE SIGN AND DATE EITHER SECTION "1" OR "2"

(1) RELEASE TO BE COMPLETED BY ADULT ATHLETE

(1) I, _____ am at least 18 years old and have submitted the attached application for participation in Special Olympics.

I represent and warrant that, to the best of my knowledge and belief, I am physically and mentally able to participate in Special Olympics activities. I also represent that a licensed physician has reviewed the health information contained in my application and has certified, based on an independent medical examination, that there is no medical evidence which would preclude me from participating in Special Olympics. I understand that if I have Down Syndrome, I cannot participate in sports or events which by their nature result in hyper-extension, radical flexion or direct pressure on my neck or upper spine unless I have had a full radiological examination which establishes the absence of Atlanto-axial instability. I am aware that I must have this radiological examination before I can participate in equestrian sports, gymnastics, diving, pentathlon, butterfly stroke, diving starts in swimming, high jump, alpine skiing, and soccer.

Special Olympics has my permission, both during and anytime after, to use my likeness, name, voice, or words in either television, radio, film, newspapers, magazines, and other media, and in any form, for the purpose of advertising or communicating the purposes and activities of Special Olympics and/or applying for funds to support those purposes and activities.

If, during my participating in Special Olympics activities, I should need emergency medical treatment, and I am not able to give my consent or make my own arrangements for that treatment because of my injuries, I authorize Special Olympics to take whatever measures are necessary to protect my health and well-being, including, if necessary, hospitalization.

I, the athlete named above, have read this paper and fully understand the provisions of the release that I am signing. I understand that by signing this paper, I am saying that I agree to the provisions of this release.

(1) Signature of Adult Athlete _____ Date ____ / ____ / ____

I hereby certify that I have reviewed this release with the athlete whose signature appears above. I am satisfied based on that review that the athlete understands this release and has agreed to its terms.

(1) Name (Print): _____

(1) Relationship to Athlete _____

(1) Parent/Guardian-Email: _____

OR

(2) RELEASE TO BE COMPLETED BY PARENT OR GUARDIAN OF A MINOR ATHLETE

(2) I am the parent/guardian of _____ a minor athlete, on whose behalf I have submitted the attached application for participation in Special Olympics. I hereby represent that the athlete has my permission to participate in Special Olympics activities.

I further represent and warrant that to the best of my knowledge and belief, the athlete is physically and mentally able to participate in Special Olympics activities. With my approval, a licensed physician has reviewed the health information set forth in the athlete's participation. I understand that if the athlete has Down Syndrome, he/she cannot participate in sports or events which by their nature result in hyper-extension, radical flexion or direct pressure on the neck or upper spine, unless a full radiological examination is required are equestrian sports, gymnastics, diving, pentathlon, butterfly stroke, diving starts in swimming, high jump, alpine skiing, and soccer.

In permitting the athlete to participate, I am specifically granting my permission, (both during and anytime after), to Special Olympics to use the athlete's likeness, name, voice and words in television, radio, film, newspapers, magazines and other media, and in any form, for the purpose of advertising or communicating the purposes and activities of Special Olympics and/or applying for funds to support those purposes and activities.

If a medical emergency should arise during the athlete's participation in any Special Olympics activities, at a time when I am not personally present so as to be consulted regarding the athlete's care, I hereby authorize Special Olympics, on my behalf, to take whatever measures are necessary to ensure that the athlete is provided with any emergency medical treatment, including hospitalization, which Special Olympics deems advisable in order to protect the athlete's health and well-being.

I am the parent (guardian) of the athlete named in this application. I have read and fully understand the provisions of the above release, and have explained these provisions to the athlete. Through my signature on this release form, I am agreeing to the above provisions on my own behalf and on the behalf of the athlete named above.

I hereby give my permission for the athlete named above to participate in Special Olympics games, recreation programs, and physical activities programs.

(2) Signature of parent/guardian _____ Date ____ / ____ / ____

(2) Parent/Guardian-Email: _____

► **MAIL OR EMAIL COMPLETED, SIGNED & DATED FORM TO:**

Special Olympics Philadelphia, 2900 Southampton Road
Philadelphia, PA 19154 or mcordell@specialolympicspa.org

You may also Fax
form to 215-671-5033